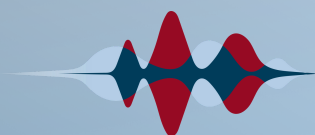


PULS
HR-Center

Tailored HR Solutions

Scalable and Professional



PULS
HUMAN RELATIONS
A company within LOHFF|THORNING

Curious to learn more?

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Copenhagen - Vejle - Sønderborg



www.puls-hr.dk



We manage your HR tasks

– so you can focus on your business

Recruitment & Onboarding

We prepare employment contracts, preboarding, and onboarding to ensure new employees get a professional start.

Salary & Pension

We prepare payroll data, handle salary processing, pensions, reporting, and adjustments - ensuring everything is correct and on time.

Holiday & Absence Administration

We manage holiday planning, remaining leave, holiday balance, parental leave plans, sickness absence support, and reimbursement applications.

Employee Handbook & Policies

We create and update employee handbooks, policies, and guidelines to ensure clarity for employees and managers.

Efficiency & Compliance

We optimise HR processes, implement systems and SOPs, advise on GDPR, health & safety, and ensure compliance with requirements.

"PULS-HR has become a natural part of our organisation [...]. They understand who we are and know our culture."

Jesper Jersie Pedersen,
CFO

PULS HR-Center

- your partner in business growth.

We provide structure, overview & compliance.

Workplace Environment and Employee Wellbeing

We support everything from Workplace Risk Assessments (APV) to support of your Health and Safety Organisation (AMO) to meeting facilitation, documentation, follow-up plans, and preventative measures that improve daily wellbeing.

HR Reporting & Analytics

We provide data and analysis on absence, salary, and employee wellbeing, giving management a solid basis for decisions.

Employer Branding & Communication

We strengthen your company's visibility and cohesion through internal communication, relevant events, and external employer branding including social media.

"We collaborate with PULS-HR because we see great value in the flexibility [...]. The partnership gives us professional strength we could not achieve on our own."

Anja Bjerskov Andersen,
Head of HR & Administration

HR Cases & Offboarding

We provide professional guidance and execution in HR cases.

We handle terminations and offboarding to ensure respectful and proper exits.

Interns, Trainees & Supported Employment

We manage administration and integration of interns, trainees, subsidised positions, and flex-job roles to ensure your company gains value from all schemes.

Organisation Design & Annual HR Cycle

We develop organisational designs, update organisational charts, roles, and the HR annual wheel, ensuring that management has a clear overview and can prioritise based on informed decision-making.

Your Confidential HR Business Partner

Our experienced consultants provide support, sparring, and knowledge-sharing for both HR and top management.